

fabulous
YORKSHIRE
FITNESS
WEEKEND



£216 PER PERSON
INCLUDING MEALS

£54 DEPOSIT
31ST JAN

FABULOUS
FITNESS
SESSIONS

RELAXING
PAMPERING
THERAPIES

COBER HILL, SCARBOROUGH 9TH, 10TH, 11TH SEPTEMBER 2022

Discover a wonderful part of Yorkshire, just six miles north of Scarborough. Check-in to your room from 2pm Friday 9th September and then walk around the grounds of Cober Hill. You can even stroll through the gardens, along the cliffs and look out to sea at the wonderful view across towards Scarborough.

Our weekend will be filled with fabulous exercise, pampering therapies and entertainment and also some free time for you to spend time walking or shopping in and around Scarborough. **Places are going fast. Book today!**

- Please send your cheque deposit £54.00 by 31st January 2022
- Your second payment of £54 is due on 9th April 2022.
- Balance of £108.00 to be paid on 9th August 2022.

(Please send ALL 3 payments to YKFA)
Anne Toseland 24 Storrs Hall Road,
Sheffield S6 5AW.

BOOK NOW